

Year 9

Subject: Life Skills

	Unit of work & brief outline of what will be covered	Key Objectives – what will students learn	Assessment
1	<u>Families 1</u> Recap on puberty and knowing the parts of the body. Students also investigate the impacts of self esteem and self confidence and how relationships can affect that. Students also reflect on own values, commitment and the meaning of consent.	To understand the link between self esteem and confidence and our relationships with others. To investigate our own personal values and how these affect personal values and commitment to others. To understand the meaning of consent.	Online: Baseline and end of topic assessment. Essential Skills Assessment: TBC
2	<u>Drugs</u> Learning about the risk, legality and impacts of various legal and illegal drugs. Students will also consider personal safety in relation to themselves or others taking drugs, including alcohol. Students will learn about how to manage influence and what support is available for substance abuse and addiction.	To investigate substance abuse and the potential legal consequences of using illegal drugs. To investigate the impact of substance use on risk-taking and personal safety To understand how to manage influence in relation to drug and alcohol use To investigate the support available for individuals with problematic substance use, including addiction and dependency	Online: Baseline and end of topic assessment. Essential Skills Assessment: TBC
3	<u>Families 2</u> Learning about the costs of sexting, up-skirting and revenge porn. Students will also learn about facts and myths associated with masturbation and pornography. Students will recap consent and learn about sexual health, contraception, fertility and parenthood.	To understand why sexting, up-skirting and revenge porn come with costs. To discuss facts and myths associated with masturbation and pornography. Students recap consent with explicit reference to sexual harassment. Students to understand how to protect their sexual health and fertility. Students to investigate the meaning of parenthood.	Online: Baseline and end of topic assessment. Essential Skills Assessment: TBC
4	<u>Basic First Aid 1</u> Students will learn about basic life support and supporting people with head injuries and who are bleeding. They will also learn how to help those who are choking, have asthma or allergies. Students will also be able to help those suffering chest pain or who have bone, muscle and joint injuries.	To understand the need to stay safe if helping others. To be able to put somebody into the recovery position. To be able to support people with head, bone, muscle and joint injuries or who are choking or bleeding. To be able to help someone who is suffering from chest pains, asthma attack or allergic reaction.	Online: Baseline and end of topic assessment. Essential Skills Assessment: TBC