

Year 12

Subject: Physical Education

	Unit of work & brief outline of what will be covered.	Key Objectives – what will students learn	Assessment
1	<p>Section A Applied anatomy and physiology</p> <p>Section B Skill acquisition</p> <p>Section C Sport and Society</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Section A Cardiovascular system, Respiratory system,</p> <p>Section B Skill, skill continua's, transfer of skills, impact of skill classification of practice for learning (methods of presenting practice and types of practice)</p> <p>Section C Emergence of globalisation of sport in the 21st century Pre-industrial (pre-1780) Industrial and post-industrial (1780–1900)</p> <p>Taking part in sport outside of school at a competitive level</p>	<p>Learning checks Extended writing questions End of chapter tests</p>
2	<p>Section A Applied anatomy and physiology</p> <p>Section B Skill acquisition</p> <p>Section C Sport and Society</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Section A Neuromuscular system, musculoskeletal system</p> <p>Section B Theories of learning and guidance</p> <p>Section C Industrial and post-industrial (1780–1900) Post World War II (1950 to present)</p> <p>Taking part in sport outside of school at a competitive level</p>	<p>Learning checks Extended writing questions End of chapter tests</p>
3	<p>Section A Biomechanical movement</p>	<p>Section A Biomechanical principles, Levers, Linear motion, angular motion</p>	<p>Learning checks Extended writing questions End of chapter tests</p>

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	<p>Section B Skill acquisition</p> <p>Section C Sport and Society</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Section B Feedback in sport</p> <p>Section C The impact of sport on society and of society on sport Sociological theory applied to equal opportunities</p> <p>Taking part in sport outside of school at a competitive level</p>	
4	<p>Section A Biomechanical movement Exercise Physiology</p> <p>Section B Skill acquisition</p> <p>Section C Sport and Society</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Section A Projectile motion, fluid mechanics, Diet and nutrition and the effect on physical activity and performance</p> <p>Section B Information Processing – Memory models</p> <p>Section C The impact of sport on society and of society on sport Sociological theory applied to equal opportunities</p> <p>Taking part in sport outside of school at a competitive level</p>	<p>Learning checks Extended writing questions End of chapter tests</p>
5	<p>Section A Exercise Physiology</p> <p>Section B Skill acquisition</p> <p>Section C Sport and Society</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Section A Preparation and training methods in relation to maintaining physical activity and performance</p> <p>Section B Information Processing – efficiency of information processing.</p> <p>Section C The impact of sport on society and of society on sport Sociological theory applied to equal opportunities</p> <p>Taking part in sport outside of school at a competitive level</p>	<p>Learning checks Extended writing questions End of chapter tests</p> <p>Mock paper</p>

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6	NEA – Coursework write up (analysis)	Students will analyse their performance in a sport, evaluating their weaknesses in sport from AA2 and AA3 from their sport specification. They will break their skill and tactics/strategy into why it is a weakness, suggest how it should be performed and make a comparison to an elite performer and	Part 1 of coursework write up
	NEA – Gathering of video evidence of practical performance	Taking part in sport outside of school at a competitive level	