

# Year 13

## Subject: Physical Education

	Unit of work & brief outline of what will be covered.	Key Objectives – what will students learn	Assessment
1	<p>Section B Sports Psychology</p> <p>NEA – Coursework write up (analysis)</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Section B Arousal, Anxiety, importance of goal setting, self-efficacy and confidence, stress management</p> <p>Students will evaluate their weaknesses from AA2 and AA3 already complete in their analysis section. This section students will apply theory topics already learnt to suggest a cause for their weakness and then a corrective measure to improve their cause.</p> <p>Taking part in sport outside of school at a competitive level</p>	<p>Learning checks Extended writing questions End of chapter tests</p> <p>Final written coursework assessment</p>
2	<p>Section A Exercise Physiology</p> <p>Section B Sports Psychology</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Section A Energy systems</p> <p>Section B Aspects of personality, Attitudes, Aggression, Motivation, achievement motivation theory, social facilitation, group dynamics, attribution theory, leadership</p> <p>Taking part in sport outside of school at a competitive level</p>	<p>Learning checks Extended writing questions End of chapter tests</p>
3	<p>Section A Exercise Physiology</p> <p>Section C</p>	<p>Section A Injury prevention and the rehabilitation of injury</p> <p>Section C</p>	<p>Learning checks Extended writing questions End of chapter tests</p> <p>Mock Exams</p>

## HIGHGATE WOOD SCHOOL: CURRICULUM MAP FOR KEY STAGE 5

	<p>Sport and society and the role of technology in physical activity and sport</p> <p>NEA – Gathering of video evidence of practical performance</p>	<p>Concepts of physical activity and sport, development of elite performers in sport, ethics in sport, violence in sport, drugs in sport, sport and the law, impact of commercialisation on physical activity and sport, the relationship between sport and the media. The role of technology in physical activity and sport</p> <p>Taking part in sport outside of school at a competitive level</p>	<p>Final Video Evidence assessment</p>
4	Revision	<p>Revision of topics in section A, B, C for both papers</p> <p>Exam practice</p>	<p>Extended writing questions</p> <p>External Practical Moderation</p>
5	Revision	<p>Revision of topics in section A, B, C for both papers</p> <p>Exam practice</p> <p>Exams</p>	<p>Extended writing questions</p>