

As part of our commitment to your child's education, we are offering all parents of year 7, 8 and 9 an opportunity to engage with 'Brilliant Parents'.

Brilliant Parents provides parenting courses and support for families in London and beyond; their work specialises in parenting programmes with teenagers. Their training programmes support families by introducing new parenting techniques which can help you deal with difficult behaviour in children, from toddler to teenager. They believe that early intervention in the lives of families aims not only to help parents, but also to transform the confidence and well-being of the child.

Brilliant Parents will deliver two seminars:

Thursday 12th March 2020, 6.00pm to 7.30pm

– **Raising Responsible Teenagers**

Thursday 26th March 2020, 6.00pm to 7.30pm

– **Raising Competent Teenagers**

These courses are not ticketed events and there is no cost. They will take place in Highgate Wood School. They are available to all parents\carers of Highgate Wood School students in Years 7, 8 and 9.

Meave Darroux, founder and Chief Executive of Brilliant Parenting, will be delivering both seminars. She is a fully trained Parent Advisor, Meave also spent three years as the Manager of the Pro-Parenting Programme at Bell Farm Christian Centre in Hillingdon.

Meave has over twenty years' experience in PR and Corporate Social Responsibility. However, it is her personal connection to the issue of parenting that makes her dedication so strong; as a mother of two girls, her interest in parenting came about indirectly via her own experiences and in her quest to become a better parent herself, she found she was able to support and help other parents deal with crises within their families.

Brilliant Parents believe that parenting programmes should be as readily available as ante-natal classes. When offered in school, seminars and parenting programmes can help to improve relationships between school and parent/carer and Brilliant Parents know the importance of forging good home\school relationships with parents/carers and how these positive connections lead on to support a child's learning, development and behaviour. But these programmes also encourage positive parenting outside of the school setting and empower parents to be more confident in their role. Their courses are based on the premise that often we parent as we were parented, without questioning our ways of doing things. It is sometimes useful to reset this and consider approaching things differently.

For more information please visit the Brilliant Parenting website at www.brilliantparents.org



Meave Darroux (Chief Executive)
Brilliant Parents

If you would like would like more information please
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**Brilliant
Parents**