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Dear Parent / Carer,

SPORTS DAY 2021

This year Highgate Wood School Sports day will be held on site on Thursday 1 July 2021, from 8:45 – 13:30pm.

Students are expected to arrive to school as normal and will be taken to their tutor room to be registered for the day. Students will then be led down to the allocated year group seating areas around the school's all weather pitch.

In the morning students have the opportunity to participate in a carousel of activities including netball, football and rounders. This will be followed by an afternoon of athletics events starting with cross country and throwing events and finishing with sprints and sprint relays.

Due to large numbers in each year group we have put a limit per student of one sports activity and two athletics events. Students will represent their House and year group, in order to contribute points to win the Sports Day House Shield and Trophy. Seacole House are current champions.

Your child will need to come in full school PE kit (school hoodie, polo, black shorts/trousers, **no leggings or cycling shorts**, black socks). Students should also be prepared for all weathers, so we ask that students bring a rain jacket or umbrella. Please ensure that your child arrives with sun cream.

Students will need to bring a packed lunch, with snacks for the day and a drink/water. Please ensure your child has enough water for the day, as the school has a limited supply (students who are eligible for a free school meal will receive a packed lunch on the day).

We encourage all students to get involved in sports days and enjoy the competitive atmosphere. It is however important for us to remember behavioural expectations (as per normal school day) and ensure that we are not mixing with other year group bubbles. Students that fail to meet expectations (behaviour and school PE kit) will be removed from the day and be placed out of circulation.

Should you require any further information please contact a member of the PE department via e-mail: tma@hws.haringey.sch.uk or alternatively by telephone on the school number.

Yours sincerely,

Mr Tom Mayes Head of PE Department